Modifying a Round Dance Mixer

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Wayne Weston shows how to modify a dance to make it simpler to use with beginner dancers. The presentation was made at the Community Dance Leader's Seminar in Mesa, AZ in 2017.

You will need to watch the video. Click here. The original dance was **San Francisco Bay Blues** and was published as a Grenn recording. That music is great, but it is not presently available for sale. Following the teach of the modified dance, Wayne played two more pieces music that are available from sources like Amazon.com and can be used for the mixer.

Geo Strait's version of **"All My Exes Live in Texas"**. Click here for sample.

Johnny Horton's version of **"Hot in the Sugarcane Field"**. Click here for sample.

Here is the simplified version of the dance routine.

Measures

1-2 (Open position LOD) Two Forward Two Steps and face your partner finish in Butterfly hand hold

3-4 Box Two Step

5-8 Repeat measures 1-4

9-10 Side, Close, Side, Touch LOD, Side, Close, Side, Touch RLOD

11-12 Back away from partner three steps and touch, move diagonally right to new partne

13-14 Side, Close, Side, Touch LOD, Side, Close, Side, Touch RLOD

15-16 Back from partner three steps and touch, move diagonally right to new partner and face LOD

I often use mixers at adult beginner dance parties. When I use a mixer, I usually have two pieces of music cued up that fit the routine. I find that people really like to not have to learn a new dance routine in order to dance another mixer. I may use one piece of music and do another dance and then use the other piece of music.

For community dances, I feel that the above dance routine is probably more appropriate than the original version of the dance published on Grenn Records. I would probably use a name like San Francisco Mixer or Wayne's Mixer.